

Yearly reporting from National Representatives and Ambassadors

Country: Italy and the world....

Ambassador's name: Indalecia Rohita Ziritt

Ambassador since: 2016 (NR Italy 2002 to 2016)

GIC 2027 Italy Organizer

Member IBF since: 2001 – **Professional Member- Accredited GPBA**

Membership status for Italy: **Professional 3 (including me) and 1 organization.**

The Breath, our teacher is always showing us something new – knowing that we are ready to meet whatever she brings into our attention. What the breath is telling us? What do we need to know? What do we need to do? And this is the mystery of our Breath that is always there, showing us the way.... The way of just being...

General summary:

- *In our last gathering in Australia, I experienced a profound grief connected with the land that engaged myself to my ancestor's lineage. This grief was not allowing me to breath fully (my lungs and throat were blocked – no fever, no infection. It was a huge grief of loss, persecution and separation. When returning home I needed time to recover and integrate. And at the end it was like coming back with a completely new energy.*
- *With this new rebirth, the “theme” of GIC 2027 landed in my heart: “Renaissance - The Golden Age of Humanity” connected with Tuscany the ground in which the first “Renaissance” happened bringing light and change to Europe and the whole world, a new era of beauty. And what came after, I realized that GIC 2027 is our 33rd Conference. What a Magic!*
- *This experience of rebirth brought my being to a new consciousness as well. After 25 years of devotion and love for the process of Transformational Breath®, I decide to fly out from the nest and create my own school: Breath & Body Wisdom, in which includes what has been, over the years, my professional experience with Breathwork, Bodywork – Shiatsu & Chinese Medicine – Wilhelm Reich's segments work – MER – Myofascial Energetic Release, and much more. This decision opened a vortex of creative energy within me, feeling a beautiful expansion to manifest my gifts with a sense of mystery. The project is starting up trusting the flow and Divine timing.*
- *Meanwhile, I continued to be part of the group “Ethics & Professionalism” led by Pippa, working and learning from each other as professionals through regular zoom meetings and being supported with this new wave. My wish is to continue in this group, supporting each other with our own unique passion and professional expertise.*
- *I attended some of the Task Force and for the GIC Council meetings that I feel are very supportive- My trainings are happening now in a new magical way: in Italy, Belgium and Spain.*
- *My desire is to continue as an IBF Ambassador and being present at the AGM meetings.*
- *My mission has been always showing me the way and now, more than ever, embodying the roots of our Spirit through the power and magic of our Breath.*
- *.... And this is the RENAISSANCE*

Breathing with so much love and gratitude,

Indalecia Rohita Ziritt – IBF Ambassador

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